

Courses to take at NLC
To transfer to Texas State University to receive a
Bachelor of Science in Nutrition and Foods– Selected Minor (2+2 plan)

FIRST YEAR

Fall Semester	16	Spring Semester	17
Composition I (ENGL 1301)	3	Composition II (ENGL 1302)	3
The U.S. to 1877 (HIST 1301)	3	The U.S. since 1877 (HIST 1302)	3
Intro to Speech (SPCH 1311)	3	General Chemistry I (CHEM 1411)	4
General Biology I (BIOL 1406)	4	Philosophy (PHIL 1301)	3
College Algebra (MATH 1314)	3	Introduction to Psychology (PSYCH 2301) or Sociology (1301)	3

SECOND YEAR

Fall Semester	16	Spring Semester	17
Anatomy & Physiology (BIOL 2404)* - available at SAC	4	Kinesiology	1
Kinesiology course	1	Microbiology (BIO 2420)	4
Intro to Nutrition (BIOL 1322)*	3	Any Literature (ENGL 2322,2323,2327,2328,2332,or 2333)	3
American National Govt (GOVT 2305)	3	American State Govt (GOVT 2306)	3
General Chemistry II (CHEM 1412)	4	Any Visual/Performing Arts (Any ARTS, DANC, DRAM, or MUSI)	3
Kinesiology course	1	Principles of Biology (BIOL 1308)	3

Courses to take at Texas State

THIRD YEAR

Fall Semester	16	Spring Semester	15
Food Systems (NUTR1362/1162)	4	Nutritional Assessment (NUTR 2361)	3
Elective for Minor	3	Elective for Minor	3
Int. Food and Fiber Systems (AG 3319)	3	Nutrition in the Life Span (NUTR 4365)	3
Elective for Minor	3	Elective for Minor	3
Elective for Minor	3	Food Systems P & M (NUTR 4367/4167)	3

FOURTH YEAR

Fall Semester	16	Spring Semester	16-17
Nutrition Education & Counseling (NUTR 4363) or (FCS 3391)	3	Nutrition for Wellness and Fitness (NUTR 3363)	3
Functional Foods (NUTR 4304)	3	Elective for Minor	3

Nutrition and Genetics (NUTR 4362)	3	AD Elective for Minor	4
Research (FCS 4303)	3	Medical Nutrition Therapy (NUTR 4360) or AD Food Science + lab NUTR 3366/3166)	3-4
Food Science + lab (NUTR 2362/2162)	4	Family Policy (FCS 4347)	3

*Internship in Nutrition and Foods (NUTR 4301) must be taken in the summer or winter during the Fourth year.