

**Courses to take at NLC to transfer to University of the Incarnate Word to receive a Bachelor of Science in Nutrition and Dietetics (2+2 plan)**

**FIRST YEAR**

<b>Fall Semester</b>	16	<b>Spring Semester</b>	16
Composition I (ENGL 1301)	3	Composition II (ENGL 1302)	3
U.S. History I (HIST 1301)	3	National Gov. (GOVT 2305)	3
Introduction to Nutrition (BIOL 1322)	3	General Chemistry I (CHEM 1411)	4
Biology for science majors (BIOL 1406)	4	Introduction to Philosophy (Phil 1301)	3
College Algebra (MATH 1314)	3	Intro. To Psychology (PSYC 2301) or Sociology (SOC 1301)	3

**SUMMER**

U.S.. History II (HIST 1302)	3	Business and Professional Communication (SPCH 1321)	3
------------------------------	---	---	---

**SECOND YEAR**

<b>Fall Semester</b>	17	<b>Spring Semester</b>	16
Anatomy & Physiology I + Lab (BIOL 2401)	4	A & P 2 + Lab (BIOL 2402)	4
General Chemistry II (CHEM 1412)	4	Organic Chemistry I (2323/2223)-SAC	5
Visual/Performing arts course	3	Microbiology (BIO 2420)	4
State Gov. (GOVT 2306)	3	Any Eng. Literature	3
Personal/Community Health (KINE 1304)	3		

**SUMMER**

Principles of Macroeconomics (ECON 2301)	3	Second Language – Sign Language or language other than English	3
--	---	--	---

**Courses to take at UIW**

**THIRD YEAR**

<b>Fall Semester</b>	14	<b>Spring Semester</b>	15
Intro to Probability & Statistics (MATH 2303) or Statistics for Behavioral Sciences (PSYC/SOCI 3381)	3	Nutrition in the Life Cycle (NUTR 3342)	3
Organic Chemistry II (CHEM 2325)	3	Food & Nutrition Services Management II & Lab (NUTR 3234/3134)	3
Food & Nutrition Services Management I (NUTR 3433)	4	Accounting for Non-Business Majors (ACCT 2301)	3
Principles of Food Preparation and Lab (NUTR 2231/2131)	3	Experimental Foods (NUTR 3332)	3

Intro. To Dietetics (NUTR 1102)	1	Second Language – Sign Language or language other than English	3

#### FOURTH YEAR

<b>Fall Semester</b>	15-17	<b>Spring Semester</b>	13-15
Clinical & Nutritional Assessment (NUTR 4340)	3	(NUTR 4475) Clinical Nutrition	4
Nutrition Education & Counseling (NUTR 4335)	3	Elective	2-3
Biochemistry I (CHEM 4351)	3	(NUTR 4470) Human Nutrition & Metabolism	4
Management Theory and Practice (BMGT 3340) or Human Resources Management (BMGT 3354)	3	(NUTR 4460) Community & World Nutrition	4
Nutrition Practicum (NUTR 4239) or Food Recovery (NUTR 3410)	2-4		

\* By the end of the second semester at the University of the Incarnate Word, students must also successfully test for computer competence or complete a Computer Literacy course.

#### Notes:

- Summer courses are strongly encouraged in order to graduate in four years
- A student obtaining this degree is expected to go on to a dietetic internship and therefore needs to have a minimum of a C in Nutrition classes, and maintain a competitive GPA
- Process of obtaining R.D. credential:
  - Upon completion of courses, the student should receive a verification statement.
  - After the student has taken the GRE and applied for an internship, a match is performed and the student participates in a 1200 hr internship
  - The student is then eligible for the RD exam
  - Student obtains RD credential upon passing of the RD exam