



# Project La Cena



## Fall 2009 Calendar of Events

Date/Time	Event	Location
09/09/09 Wednesday at 2:00pm	Nutrition Lecture Series (NLS) Presenter: <b>Monique Durham</b> , nutritious	<b>This event was cancelled</b>
09/17/09 Thursday 5-7pm	San Antonio Dietetic Association Meeting (SADA): Exercise and Diabetes	LifeCare Hospital 8902 Floyd Curl Drive San Antonio, TX 78240
10/02/09 Friday 3:00pm	Field Trip to University of the Incarnate Word (UIW): campus and facilities tour	Meet at Project Manager's Office (below)
10/06/09 Tuesday	Health Fair	NLC
10/07/09 Wednesday at 2:15pm	NLS Presenter: <b>Linda Farr RD,LD</b> Personalized Nutrition Counseling	NLC Nutrition Lab #208 in the Wellness Building
10/13/09 Tuesday 11:00am-1pm	SADA Meeting/Luncheon: Importance of Eating Locally	LifeCare Hospital (address above)
10/14/09 Wednesday 11:00am	Field Trip to Texas State University: campus and facilities tour	Meet at Project Manager's Office (below) at 10:15am
11/04/09 Wednesday at 2:15pm	NLS Presenter: <b>Dion Turner RD,LD</b> Director Nutrition and Nutrition Ser-	NLC Nutrition Lab #208 in the Wellness Building
11/12/09 12-2:30pm	Field Trip to UIW: Participate in a Quick Breads Food Lab Class with other UIW Nutrition Students!!!	Meet at the Project Manager's office (below) at 11:00am or meet us there at 12 (Bonilla Hall room #318)
3rd week of November (day and time TBA)	SADA Meeting	LifeCare Hospital (address above)
09/23/2009 at 2:15pm	End of the Semester focus group/ wrap-up	NLC Nutrition Lab #208 in the Wellness Building



ALAMO COLLEGES

NORTHEAST LAKEVIEW COLLEGE



ALAMO COLLEGES

SAN ANTONIO COLLEGE

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Now available on Myspace and Facebook!

### Opportunities to Volunteer:

- Health Fair on October 6
- Mocktails / Happy Healthy Hour on October 20th and 21st
- Please contact Cheryl LeGras at: [clegras@mail.accd.edu](mailto:clegras@mail.accd.edu) for more information