

## PROJECT LA CENA



# Become a Mentor!!!

## For Spring 2010

If you are a Junior or Senior Nutrition major, you have a wonderful opportunity to be a mentor to a student interested in being a Nutrition major at Northeast Lakeview College (NLC) and/or San Antonio College (SAC).

### To Apply:

E-mail the Project Manager (below), or go to [www.projectlacena.com/services.html](http://www.projectlacena.com/services.html)

Please mail or e-mail the application to the address below by:

**December 15th**

**Mentors will be encouraged to talk with mentees about issues such as** transferring, classes, transition into the university, attending La Cena events, and continuing enrollment in the nutrition program. Another option for mentors is to participate in various recruitment activities with the Project Manager.

**How does this benefit you?** Nutrition majors at the University recognize and practice their leadership skills, network, attend professional conferences, a Nutrition Lecture Series, San Antonio Dietetic Association (SADA) meetings, obtain a free professional membership to the Texas Dietetic Association or SADA and...

### With any questions or for further information, contact:

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[www.projectlacena.com](http://www.projectlacena.com)

**University students who volunteer to mentor will be paid a semester stipend of \$100.** To receive the stipend, mentors will be required to have weekly contact with their mentee or the Project Manager via e-mail, phone, or face to face contact at various La Cena events.



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