

## Project La Cena

# Become a Mentor!!! for Spring 2010



### To Apply:

E-mail the Project Manager (below), or go to [www.projectlacena.com/services.html](http://www.projectlacena.com/services.html)

Please mail or e-mail the application to the address below by:

**December 15th**

### With any questions or for further information, please contact:

Stephanie A. Lozano  
Project Manager of  
La Cena—KINE  
1201 Kitty Hawk Rd.  
Universal City, TX 78148

Phone: 210.486.5381  
Fax: 210.486.5382  
E-mail:  
[slozano62@alamo.edu](mailto:slozano62@alamo.edu)  
[www.projectlacena.com](http://www.projectlacena.com)

If you are a Junior or Senior Nutrition major, you have a wonderful opportunity to be a mentor to a student interested in being a Nutrition major at Northeast Lakeview College (NLC) and/or San Antonio College (SAC).

**Mentors will be encouraged to talk with mentees about issues such as** transferring, classes, transition into the university, attending La Cena events, and continuing enrollment in the nutrition program. Another option for mentors is to participate in various recruitment activities with the Project Manager.

**How does this benefit you?** Nutrition majors at the University recognize and practice their leadership skills, network, attend professional conferences, a Nutrition Lecture Series, San Antonio Dietetic Association (SADA) meetings, obtain a free professional membership to the Texas Dietetic Association or SADA and...

**University students who volunteer to mentor will be paid a semester stipend of \$100.** To receive the stipend, mentors will be required to have weekly contact with their mentee or the Project Manager via e-mail, phone, or face to face contact at various La Cena events.



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COLLEGES  
NORTHEAST LAKEVIEW COLLEGE