

Project La Cena



www.projectlacena.com



ALAMO COLLEGES

NORTHEAST LAKEVIEW COLLEGE

SAN ANTONIO COLLEGE

Project La Cena

Central Texas Education for Nutrition Advancement



With questions or
comments, contact:

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Project La Cena Academic Year 2009-2010 Progress Report

Project La Cena has recently submitted their Academic Year (AY) 09-10 Progress Report and here are the outcomes. Objective 1: Increase the number of underrepresented students who declare a nutrition major to 11 in year 2, has been met and surpassed. La Cena had a total of 23 self-identified nutrition majors at Northeast Lakeview College (NLC) and San Antonio College (SAC). Objective 2: Increase the year-to-year retention rate of underrepresented students majoring in nutrition at NLC/SAC to 64% in year 2, has been met and surpassed to 100%! Objective 3: Increase the number of underrepresented nutrition majors who transfer from NLC/SAC to the University of the Incarnate Word (UIW) or Texas State University (Texas State) to 7 for each University, in year two, was not met for Texas State (3), and was met and exceeded for UIW (14). Please note: The figure (3) is an estimate, due to the inability of Texas State to release the information due to FERPA regulations. Objective 4: Increase the annual retention rate of underrepresented nutrition majors who transferred to UIW or Texas State to 76% and 87% respectively, in year 2, has not been met for Texas State (67%), and was met and surpassed by UIW (80%). Please note: The figure (67%) for Texas State represents AY 08-09 due to lag time involved with retention rate data.

The La Cena website has been maintained and has received a total of 1737 hits as of July 2010. Academic support has been provided for each La Cena student in the form of personalized degree plans and individual counseling. Recruiting high school seniors and college students was done successfully. The Project Manager (PM) was able to speak to more than 239 high school students (11 classes), as well as 234 college students (12 classes). 10 scholarships (totaling \$8,000) were awarded to La Cena students AY 09-10. Furthermore, La Cena was able to coordinate mentoring with 20 UIW and Texas State students, and provide \$140 in stipends. La Cena was also able to host 5 presentations by Nutrition professionals (aka Nutrition Lecture Series). 28 students were able to join a professional association (San Antonio Dietetic Association), 13 attended conferences (Texas Dietetic Association and Minorities in Agriculture, Natural Resources and Related Sciences) and 6 visited the USDA-ARS in Houston, TX. The Hands-on Nutrition Workshop did not occur at UIW due to interference with students schedules, and did occur at Texas State (4 students attended) with success. Students were also able to tour both Universities. Overall, Project La Cena had a successful 09-10 Academic Year and envisions continued growth.

New SADA website and student resource center!

San Antonio Dietetic Association (SADA) has launched a new website at www.eatrightsa.org, which provides a student area. This students' area includes FAQ, Dietetic Internship programs in the area, and scholarship information. This information was provided courtesy of Julie Carter, our new SADA student liaison.