



# Project La Cena

## Jumping into Fall...

Project La Cena is off to another great start this semester. **La Cena has 53 nutrition majors currently enrolled** and 43% are minority (Hispanic or male). La Cena also has 15 mentors from Texas State University and 4 mentors from the University of the Incarnate Word. Furthermore, La Cena has been able to provide 32 San Antonio Dietetic Association (SADA) Student Memberships (free of charge to students) for the 2010-2011 AY.

**Congratulations to our Fall 2010 Scholarship recipients:** Elizabeth Richardson, Julie Carter, Cynthia Campbell, Priscilla Lopez, Esau Sanchez, and Lana Schroder.

**Our Fall 2010 Student Officers** (pictured right, from left to right)

are President: Priscilla Lopez, Vice President: Julie Carter, Historian: Kyle Lavelle, and Treasurer: Amanda Reynolds.

**La Cena activities thus far this semester:** include the beginning of the semester meeting (8/30/10), which had a great turn out of about 30 students and mentors gathering in the nutrition lab to meet one another and learn about the upcoming Fall opportunities. La Cena students have also attended a SADA meeting on Lactose Intolerance (9/10/10), and volunteered at the San Antonio Food Bank (9/24/10).



### October Events

October 4th Mon. 6:00-7:00pm	NLS Presenter: Gus Bard to discuss his experience owning "Loretta Finest" - an organic restaurant	Northeast Lakeview College WLNS Nutrition Lab #208
October 22nd Fri. 6:30-9:45pm	SADA Meeting: Eating Disorders "America the Beautiful" - a documentary	University of the Incarnate Word International Conference Center, 4301 Broadway CPO #307, San Antonio TX
October 11th M. 10:00-11:30am 12:00-2:00pm	Field Trip to Texas State University Tour Campus Assessment Lab	Meet at the PM office at 9:00am or at Texas State LBJ Center at 10:00am 601 University Dr, San Marcos TX
October 23rd Sat. 8:45am-12:30	Field Trip to the University of the Incarnate Word: Hand on Nutrition Workshop, Q and A with admissions	UIW: Bonilla Hall 4301 Broadway San Antonio, TX 78209



ALAMO COLLEGES

NORTHEAST LAKEVIEW COLLEGE

SAN ANTONIO COLLEGE

Project La Cena

Central Texas Education for Nutrition Advancement

**With questions or comments, contact:**

Stephanie Burns  
Project Manager of La Cena  
WLNS #215  
Northeast Lakeview College  
1201 Kitty Hawk Rd.  
Universal City, TX 78148  
Phone: 210.486.5381  
E-mail: slozano62@alamo.edu