

Interviewee: Dr. Crixell

Job title: Program Coordinator of Nutrition & Foods at Texas State

Date: April 13, 2009

1. What is your educational background?

B.S. and M.S. in Biology

Ph. D. in Biological Sciences and Nutrition

2. What made you become interested in Nutrition?

Taking the course Advanced Biochemistry, and realizing that we have the ability to understand how nutrients are affecting our body grabbed my interest for Nutrition.

3. What was your first Nutrition-related job experience like?

Dr. Crixell first taught a Biology and Organic Chemistry lab, but believes that teaching a Nutrition lab at ACC was more so her first nutrition-related job experience.

4. What is your favorite aspect of Nutrition?

Science

5. Why do you feel that more people need to be educated about Nutrition?

So few people know enough; living in America, people have a “non-conducive” food environment. Most peoples’ health is compromised before they are informed of a healthy diet. Our base line American diet is unhealthy.

6. Is there anything else regarding Nutrition that you would like to comment on?

Nutrition is definitely a challenging and rewarding major.