

# Project La Cena

www.projectlacena.com

Northeast Lakeview College  
San Antonio College



January 2010

Volume 2, Issue 1

## Upcoming February Events

02/08/10 (Mon.)  
6:00pm-7:00pm

**Mandatory Meeting** featuring Dr. Vega  
This is a mandatory meeting for the grant and is important for our success.

Free healthy snacks and refreshments provided!

**This meeting is for students only – no mentors.**

NLC Nutrition Lab #208 WLNS



02/10/10 (Wed.)  
12:00pm

**San Antonio Dietetic Association (SADA) Meeting: Luncheon, Speaker: Dr. Singh**  
Topic: Addressing Underlying Determinants of Under-nutrition

**RSVP:** To Rayna Wooten at [raynalane@gmail.com](mailto:raynalane@gmail.com) or 210-240-0230 no later than February 3rd.

Free 3 course meal for SADA members, \$10 for non-SADA members.

Saint Phillips College in the Heritage Room  
1801 Martin Luther King Drive  
San Antonio, Texas 78203



02/19/10 (Fri.)  
1-4pm

**Volunteering at the San Antonio Food Bank SALVAGE SORTING AND FOOD BOX PREPARATION-WAREHOUSE**

Register as a volunteer at:  
<http://safoodbank.org/index.php/component/chronoccontact/?chronoforname=volunteer>

Meet at the Project Manager's Office (address below) at noon, or at 5200 Old Hwy 90 W. San Antonio, TX 78227 at 1pm



02/22/10 (Mon.)  
6:00pm

**NLS Presenter: Dr. Friedman and Dr. Crixell from Texas State University**

Topic: The benefits of having a degree in Nutrition

Free healthy snacks and refreshments provided!

NLC Nutrition Lab #208 WLNS



## Spring Semester is off to a great start!

La Cena had a great first meeting and would like to thank all who came; especially Ellen Brennan from SAC, and Sue Cunningham from UTHSCSA. La Cena is excited about starting off the Spring Semester with 25 members, 64% of which are underrepresented!!! This is great news as our goal for students this year was 11. La Cena expects to see this number continue to climb throughout the semester.

La Cena would also like to congratulate the students and mentors that were selected to attend an all expense paid trip the Texas Dietetic Association conference in Dallas, TX. These students/mentors are Jacqueline Salame, Kerri Mulligan, Estefana Rodriguez, Ashlee Thomason, Danielle Tworek, Tabitha Schwarz, Marlee Mojica, Julie Carter, Taylor Phelps, Esau Sanchez, Pricilla Lopez, and Jewel Hubbard.

If you are interested in the Project Manager coming to speak with you or your students about the benefits of Project La Cena, please contact using the information below:

**With questions or comments, contact:**

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