

By: Stephanie A. Lozano

June 2009

Volume 1, Issue 3



Opportunities to

Volunteer in the Fall:

- Health Fair on October 6
- Mocktails / Happy Healthy Hour on October 20th and 21st

For more information, contact Cheryl LeGras at: clegras@mail.accd.

New student added this month to Project La Cena!

Jeanne Wood: SAC student interested in transferring to Texas State to major in Nutrition and join Project La Cena

Alamo Colleges: Northeast Lakeview College

Into the Summer, looking forward to Fall

Project La Cena students, and anyone else who is interested, have plenty to look forward to. Project La Cena is going to be hosting a variety of events, starting in the Fall, including a Beginning of the Semester kick-off dinner, a monthly Nutrition Lecture Series featuring professionals in Nutrition and Food Science, field trips to Texas State and the University of the Incarnate Word (to discuss Nutrition programs, tour the campus, and receive Financial Aid, and Admissions information), monthly San Antonio Dietetic Association (SADA) Meetings, and an End of the Semester Wrap-up. Please look forward to receiving invitations to the

events and feel free to contact the Project Manager if you have any questions.

In the Fall, we are also anticipating Project La Cena mentors and nutrition students from Texas State and UIW to join the Project Manager in visiting high school campuses and helping the students explore the different possibilities of careers in the Nutrition field.



Congratulations to the Fall 2009 Scholarship Recipients!

Arlene Halibian, Wayne Naumann, Esau Sanchez, and Tabitha Schwarz were each awarded a \$750.00 Fall scholarship for being students at NLC/SAC interested in perusing a degree in Nutrition. Estefana Rodriguez received a \$1,000.00 scholarship for being a NLC/SAC student transferring to Texas State University in the Fall to major in Nutrition and Foods. Zero High School Graduate Nutrition

Scholarships were awarded, because there were no applicants. There are additional scholarships available in the Spring, such as the ACCD Student Nutrition Scholarship and the USDA/H.S.I. Transfer Student Scholarship. The due date is October 1st, and students can find more information at: <http://www.projectlacena.com/services.html>. High School scholarships will be available again next Fall.