

Possible career fields with a Nutrition Degree:

- Registered Dietitian
- Nutritionist
- Health and Wellness community education
- Nutrition and Food Science high school teacher
- Sports Nutritionist
- Chef
- Restaurant Manager
- Personal trainer
- School Foodservice
- Foodservice Management

Where to work:

- Hospitals
- Schools
- Research labs
- Food Industry
- Government Agencies (USDA/FDA)
- WIC Nutrition Program
- Weight loss companies
- U.S. Army



ALAMO COLLEGES

NORTHEAST LAKEVIEW COLLEGE

SAN ANTONIO COLLEGE

Project La Cena

Central Texas Education for Nutrition Advancement



As per Section 504 of the Vocational Rehabilitation Act of 1973 and the American with Disabilities Act (ADA) of 1990, if a student needs an accommodation or an alternative format, please contact NLC Disability Support Services, Anna Rohrbach (210) 486 5487.

INTERESTED IN NUTRITION?



Get your Nutrition Career
Started with Project La Cena!

If you are interested in a Nutrition Career and attend Northeast Lakeview College or San Antonio College, Project La Cena can lead you to a smooth transition to Texas State University or University of the Incarnate Word! Project La Cena has plenty of resources to help you be successful, including: **scholarships, mentors, meetings, a student organization, advising, hands-on workshops, and field trips to campuses and conferences.**

SEE INSIDE FOR
DETAILS!

Apply at:
www.projectlacena.com

How we can help:

La Cena (Central Texas Education for Nutrition Advancement) is a Northeast Lakeview College and San Antonio College project funded by the USDA. Its four main objectives are to:

1. Increase the number of underrepresented students who declare Nutrition as a major
2. Increase the year-to-year retention rate of underrepresented students majoring in Nutrition
3. Increase the number of underrepresented Nutrition Majors who transfer to Texas State University or University of Incarnate Word (UIW)
4. Increase the annual retention rate of underrepresented Nutrition majors who transfer to Texas State or UIW



Scholarships

To support interested students, La Cena offers **\$750 scholarships for currently enrolled Nutrition majors at NLC/SAC, and \$1,000 scholarships for students at NLC/SAC transferring to UIW or TxState. Year 3 (Fall 2010) La Cena is offering a \$40,000 scholarship to one student transferring to UIW or Texas State.** More information is available at : www.projectlacena.com/services.html

FREE San Antonio Dietetic Association Student Memberships

In addition, La Cena is paying for student membership fees to the San Antonio Dietetic Association.

Mentors

La Cena provides mentors for students majoring in nutrition to assist them with transfer questions, course work selection, encouragement, and general support.



Jacqueline Salame (mentor) and Julie Ann Carter (student) at the MANRRS Conference in Orlando, Florida.

Field Trips

La Cena hosts several fieldtrips, including the Texas Dietetic Association conference, MANRRS Conference, Texas State and UIW campuses, and the USDA-ARS in Houston.

Advising

The Project Manager advises NLC/SAC students on courses to take to prepare them for a successful transfer to UIW or Texas State.

La Cena Student Organization

The organization will have opportunities for students to be involved, volunteer, and be a part of a learning community. This includes a monthly Nutrition Lecture Series from professionals educated and experienced in the field.

With any questions or for further information, contact:

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www.projectlacena.com