



PROJECT LA CENA

Become a Mentor!!! For Fall 2010

If you are a Junior or Senior Nutrition major, you have a wonderful opportunity to mentor a student interested in being a Nutrition major at Northeast Lakeview College (NLC) and/or San Antonio College (SAC).

Mentors will be encouraged to talk with mentees about issues such as transferring, classes, transition into the university, attending La Cena events, and continuing enrollment in the nutrition program. Another option for mentors is to participate in various recruitment activities with the Project Manager.

How does this benefit you? Nutrition majors at the University recognize and practice their leadership skills, network, attend professional conferences, a Nutrition Lecture Series, San Antonio Dietetic Association (SADA) meetings, obtain a free professional membership to the Texas Dietetic Association or SADA and...

To Apply:

E-mail the Project Manager (below), or go to www.projectlacena.com/services.html

Please mail or e-mail the application to the address below by: **August 15th**

With any questions or for further information, contact:

Stephanie Lozano Burns
Project Manager of La Cena
1201 Kitty Hawk Rd.
Wellness #215
Universal City, TX 78148

Phone: 210.486.5381
Fax: 210.486.5382
E-mail: slozano62@alamo.edu
www.projectlacena.com

University students who volunteer to mentor will be paid a semester stipend of \$200. To receive the stipend, mentors will be required to have weekly contact with their mentee or the Project Manager via e-mail, phone, or face to face contact at various La Cena events.



ALAMO COLLEGES

NORTHEAST LAKEVIEW COLLEGE
SAN ANTONIO COLLEGE
Project La Cena

Central Texas Education for Nutrition Advancement