

**Courses to take at NLC/SAC to receive an Associate of Science in Biology Nutrition  
to transfer to University of the Incarnate Word to receive a  
Bachelor of Science in Nutrition and Dietetics (2+2 plan)**

**FIRST YEAR**

<b>Fall Semester</b>	15	<b>Spring Semester</b>	16
Composition I (ENGL 1301)	3	Composition II (ENGL 1302)	3
U.S. History I (HIST 1301)	3	U.S. History II (HIST 1302)	3
Any Kinesiology course	1	General Chemistry I (CHEM 1411)	4
Biology for science majors (BIOL 1406)	4	Humanities– Second language (Spanish encouraged)	3
College Algebra (MATH 1414)	4	American Gov. (GOVT 2301)	3

**SUMMER**

Statistics (MATH 1442) or Calculus (MATH 3413)	4	Public Speaking (SPCH 1315)	3
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**SECOND YEAR**

<b>Fall Semester</b>	16	<b>Spring Semester</b>	16
Anatomy & Physiology I + Lab (BIOL 2401)	4	A & P 2 + Lab (BIOL 2402)	4
General Chemistry II (CHEM 1412)	4	General Psychology (PSYC 2301) or Introduction to Sociology (SOC 1301)	3
Microbiology (BIO 2420)	4	Visual/Performing arts course	3
American Gov. (GOVT 2302)	3	Additional Humanities – Span II encouraged	3
Any Kinesiology course	1	Introduction to Nutrition (BIOL 1322)	3

**SUMMER**

Organic Chemistry I (CHEM 2323/2223) - SAC	5	Principles of Macroeconomics (ECON 2301)	3
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**Courses to take at UIW**

**THIRD YEAR**

<b>Fall Semester</b>	12-13	<b>Spring Semester</b>	13-15
Nutrition Elective	2-3	Nutrition in the Life Cycle (NUTR 3342)	3
Organic Chemistry II (CHEM 2325)	3	Nutrition Practicum (NUTR 4239) or Food Recovery (NUTR 3410)	2-4
(ACCT 2301) Accounting for Non-Business Majors	3	Food & Nutrition Services Management I (NUTR 3433)	4
Principles of Food Preparation and Lab (NUTR 2231/2131)	4	Experimental Foods (NUTR 3332)	3

		Intro. To Dietetics (NUTR 1102)	1
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**FOURTH YEAR**

<b>Fall Semester</b>	12	<b>Spring Semester</b>	15
(NUTR 4340) Clinical & Nutritional Assessment	3	(NUTR 4475) Clinical Nutrition	4
Nutrition Education & Counseling (NUTR 4335)	3	(NUTR 4460) Community & World Nutrition	4
Biochemistry I (CHEM 4351)	3	(NUTR 4470) Human Nutrition & Metabolism	4
(BMGT 3340) Management Theory and Practice or (BMGT 3354) Human Resources Management	3	Food & Nutrition Services Management II & Lab (NUTR 3234/3134)	3

\* By the end of the second semester at the University of the Incarnate Word, students must also successfully test for computer competence or complete a Computer Literacy course.

**Notes:**

- Summer courses are strongly encouraged in order to graduate in four years
- A student obtaining this degree is expected to go on to a dietetic internship and therefore needs to have a minimum of a C in Nutrition classes, and maintain a competitive GPA
- Process of obtaining R.D. credential:
  - Upon completion of courses, the student should receive a verification statement.
  - After the student has taken the GRE and applied for an internship, a match is performed and the student participates in a 1200 hr internship
  - The student is then eligible for the RD exam
  - Student obtains RD credential upon passing of the RD exam