

Interviewee: Kevin Haubrick MS, RD, LD

Job title: Director of Food and Nutrition for Baptist Medical Center & Program Director, Dietetic Internship for Baptist Health System

Date: April 17, 2009

1. What is your educational background?

B.A. in Nutrition and Food Science, Mount Marty College, Yankton, South Dakota
Dietetic Internship, University of Nebraska Medical Center, Omaha, Nebraska
MS in Nutrition , University of the Incarnate Word, San Antonio, Texas

2. What made you become interested in Nutrition?

I started working in the hospital setting when I was 16. I eventually branched out working in all areas of the kitchen (trayline, cafeteria, production) and that is where I developed an interest in Dietetics.

3. What was your first Nutrition-related job experience like?

See above. My first job after completing my Dietetic Internship was a Director of Food Service and Clinical Dietitian for a long-term care facility outside of the Omaha metro area.

4. What is your favorite aspect of Nutrition?

Teaching others, I really do not get to do that a lot anymore of traditional “nutrition tasks” (ie nutrition education, assessment, counseling) because I work mainly in management, but I think that it is important.

5. Why do you feel that more people need to be educated about Nutrition?

I think it is important that people have knowledge of healthy eating. People are not cooking like they used to. With so much prepared food available, few people know how to prepare food items from scratch anymore. I think someone who graduates with a Bachelor’s in Dietetics should at least know the basics of cooking.

6. What are your current job duties / responsibilities?

I oversee all aspects of the Food and Nutrition department. I have a dual role between being the Director of Food and Nutrition and overseeing our Dietetic Internship; I would say I spend about 30-40% of my time at work managing the internship and the remainder managing the department.

7. What do you like best about your job?

The people, I enjoy working with the employees and students.

8. What do you like least about your job

At times, the most enjoyable can also be the most challenging. With eighty different employees and each with different lives and individual problems; it can be challenging at times.