



Project La Cena

www.projectlacena.com — Pictures now posted online!

Moving forward with Project La Cena...

Recently, Dr. Trevino, Susan Kazen, Carlos Aguirre, Dr. Vega, and myself (Stephanie Lozano) have been meeting regarding how successful this grant has been, and what we can do to improve in the future. We have all agreed that since this grant has been so fruitful thus far, that we are interested in applying for a second grant and possibly extending the first grant. Some aspects that have made this grant successful include: 2+2 degree plans, networking opportunities, efficient communication with students, guidance for career paths, and scholarships. Certain areas that need further thought and perhaps change for next semester, or the next grant include: less recruitment for high school students, more recruitment off campus, more information provided to students regarding what is required to transfer to a University and obtain a

Bachelor of Science in Nutrition (# of hours, GPA, etc), testimonials of mentor experiences regarding their struggles and successes through school (featured in newsletters, meetings, and/or the website), and discussing the options and benefits of loans with transferring students. Other expansions that have been previously discussed include: adding the University of Texas Health Science Center at San Antonio (UTHSCSA) as a partner institution, healthy cooking demos by the students for the public, and adding an Associates of Science in Nutrition at the community colleges. For now these are all ideas, but we plan to execute many of them in the future to make this grant even more effective and successful. We are always welcome to your comments and suggestions on how we may improve.

Congrats to Scholarship Recipients!!!

Congratulations to our six Fall 2010 Project La Cena: \$750 Alamo Student Nutrition Scholarship Recipients, Elizabeth Richardson, Julie Ann Carter, Cyndi Campbell, Priscilla Lopez, Esau Sanchez, and Lana

Schroeder! Project La Cena will begin receiving applications again in the Fall; please look forward to how many and which scholarships are available in e-mails and in the newsletters.

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Project La Cena students and scholarship recipients: Julie Ann Carter and Priscilla Lopez

With questions or comments, contact:

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